

# MIDDLE SCHOOL

OPENING HOURS

07.30 AM 01.30 PM

DURING TERM TIME ONLY

#### **BREAKFAST MENU**

HAM & CHEESE	\$5.00
CROISSANTS	

BACON & EGG \$5.00 SANDWICH

BACON, EGG & \$5.00 HASHBROWN WRAP

SEASONAL FRUITS \$3.EA

VARIETY OF CEREAL \$3.00 + MILK





#### HOT MEALS \$5.00

MONDAY Shepherd's Pie

TUESDAY Baked Potatoes

WEDNESDAY Lasagna

THURSDAY
Butter Chicken + Rice

FRIDAY Curried Sausages + Mashed Potato

#### **SANDWICHES**



WHITE / MULTIGRAIN / WHOLEMEAL / GLUTEN FREE

STANDARD \$3.50 SANDWICHES

Cheese & Tomato Ham & Cheese

DELUXE \$5.50 SANDWICHES

Chicken, Lettuce & Mayo

Egg & Lettuce

Corned Beef, Cheese & Corn Relish

BLT - Bacon, Lettuce &

Tomato

Tuna, Lettuce & Mayo

#### WRAPS & ROLLS

Falafel, Salad & Garlic Mayo \$6.00

Chicken Caesar Salad w/ \$6.00

Lettuce and Bacon

Crumbed Tenderloins & \$6.00

Salad

Roast Beef & Salad \$6.00



#### TOASTED SANDWICHES

Ham and Cheese \$3.50

Tomato and Cheese \$3.50

Chicken and Cheese \$4.00

#### SALAD BOWLS



Salad Bowls \$5.00

Meat Salad Vegetarian Salad

Caesar Salad \$6.00

Fruit Salad Bowls \$3.00 Seasonal Fruits





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#### CAFE EXTRAS



PIES \$5.00

SAUSAGE ROLLS \$4.00

HOTDOGS \$5.00

FISH & CHIPS \$5.00

FRIDAY ONLY



## MUFFINS \$2.50 CAKES & SLICES \$2.50

FRESH FRUIT \$1.00

BANANA, APPLES, ORANGES

FROZEN YOGHURT \$3.00

ICY POLES \$1.00

POPCORN \$1.00

## SAVOURY MORNING TEA



SPINACH & RICOTTA \$5.00
ROLLS
PIZZA SCROLLS \$2.00
CHICKEN NIBBLES \$2.50
HOMEMADE QUICHE \$5.00



#### **DRINKS**

SMOOTHIES \$6.00 BERRY / MANGO / BANANA



JUICES \$2.50
Apple / Apple &
Blackcurrant /
Orange / Tropical /
Apple & Mango

Flavoured Mineral \$3.00 Waters

Milk Drinks 250ML \$2.50 Strawberry Chocolate Honeycomb

Milk Drinks 375ML \$4.00 Strawberry Chocolate Honeycomb

Up & Go \$4.00